KING
MOUNTAINEERING

Kit List – Winter Hillwalking

Please ensure that you have the following kit before coming on one of our winter hillwalking events. If you do not think you will be able to bring any of these things please get in touch and we may be able to arrange for spare equipment or advise on hire options.

- Waterproof hardshell jacket and trousers – Gore-tex or similar
- Walking boots (B1 or B2)
- Winter walking socks (1 thicker pair is better than 2 or more thinner pairs)
- Crampons compatible with your boots (C1 or C2)
- Ice axe
- Rucksack (30-45L)
- Dry-bags or waterproof rucksack liner
- Suitable outdoor trousers
- Thermal baselayers (top & bottoms)
- Fleece/jumper/mid-layer
- Gaiters (optional but very useful for keeping the snow out of your boots)
- Warm hat
- Gloves & spares (x2 minimum) – hand warmers can also be useful to carry
- Headtorch (plus spare batteries)
- Map & compass*
- Survival bag/blizzard bag*
- First aid kit*
- Insulated 'belay' jacket - synthetic or down (optional but highly recommended)
- Goggles
- Sunglasses (optional but definitely a good idea on sunny days on snow covered hills)
- Walking Poles (optional)
- Food & drink (a flask with hot drink is recommended alongside water)

* These items of kit will be carried by your guide and so are not essential, however it is best practice to always carry them with you in the hills.

NOTES:

i. B1 or B2 walking boots have the stiff sole necessary to support crampons.

ii. The best sized rucksacks for our trips are 35-45 litres. This gives you enough space to pack the extra kit required for the winter mountains!

iii. Please bring at least 1 litre of liquid for the day and food that is easily consumed on the hill. As stated above, a flask with a hot drink can be a good idea and can provide a welcome boost on cold and/or wet days.

If you have any questions regarding any of the equipment necessary for our events then please don't hesitate to get in touch. Contact details can be found below. Please note that if you arrive for an event without the appropriate equipment and have not arranged for hire, it may be necessary to refuse to let you join the trip. Equipment is a really important part of being safe and comfortable on the hills.

KING MOUNTAINEERING | Guided hillwalking across the Scottish Highlands

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MOUNTAIN TRAINING ASSOCIATION